



## New York Heart Association 9<sup>th</sup> Edition, Cardiac Patients

Class	Functional Capacity by Class	Objective Assessment*
I	No limitation in physical activity. Ordinary physical activity does not cause undue fatigue, palpitation, dyspnea, or anginal pain.	No evidence of cardiovascular disease.
II	Slight limitation of physical activity. Patient is comfortable at rest. Ordinary physical activity results in fatigue, palpitation, dyspnea, or anginal pain.	Objective evidence of <b>minimal</b> cardiovascular disease.
III	Comfortable at rest. Less than ordinary physical activity results in fatigue, palpitation, dyspnea, or anginal pain.	Objective evidence of <b>moderately severe</b> cardiovascular disease.
IV	Unable to carry on physical activity without discomfort. S/S of heart failure or anginal syndrome may be present <b>even at rest</b> . If any physical activity is undertaken, discomfort is increased.	Objective evidence of <b>severe</b> cardiovascular disease.

\* Measures such as EKG, stress test, x-ray, echocardiogram and/or radiologic images.